

# ANIMAL WELLBEING

🕒 THURSDAY | 1-2pm

🕒 FRIDAY | 1-3pm



## Wellbeing



### Did you know?

Studies show that human-animal interaction increases oxytocin levels in the brain, resulting in a sense of calm, comfort and focus.

Get your VIP tour around the animal management centre by booking.

**STAFF AND STUDENTS ARE WELCOME**

Email enrichment to receive your ticket:  
[enrichment@tameside.ac.uk](mailto:enrichment@tameside.ac.uk)

# #ICanBe



Tameside College



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